

Praise for *It's Perfectly Normal*

"In 1994, Robie Harris and Michael Emberley gave the world's families an awesome gift—*It's Perfectly Normal*. Never before or since have we had such a clear and concise guide for family discussions about sex and sexuality."

—Cecile Richards, president, Planned Parenthood Federation of America, Inc.

"*It's Perfectly Normal* is the go-to book for every young person."

—Marc H. Morial, president and CEO, National Urban League, Inc.

"Highly recommended for talking your way through just about any embarrassing interrogation your ever-curious kids can devise."

—*Los Angeles Times*

"Harris and Emberley cover everything a young person needs to know about sexual health, including how to safely use the Internet. . . . It will draw in tweens, teens, and parents, and totally engage all."

—Angela Diaz, MD, MPH, professor, Departments of Pediatrics and Community Medicine, Mount Sinai School of Medicine, director, Mount Sinai Adolescent Health Center, New York

"This refreshingly candid tour of the facts of life is just the ticket for jittery parents when it's time to explain the birds and bees to their curious kids."

—*People Magazine*



Praise for *It's So Amazing!*

"This thoughtful, innovative, and comprehensive book helps children with issues that are on their minds anyway—and gives all of us the language we need to share with them."

—T. Berry Brazelton, MD, author of *Touchpoints: Your Child's Emotional and Behavioral Development*

"Even if your child hasn't reached puberty, talk with him or her about what lies ahead. If you'd like some help, check out the excellent picture book *It's So Amazing!* . . .

It could help prepare your son or daughter—as well as reassure you."

—*Time Magazine*

"As a pediatrician, I know that children have many questions about reproduction, birth, bodies, babies, and families. Finding the answers, in a comfortable, appropriate, and interesting way, is an essential part of growing up healthy in body and mind. This book provides an opportunity for children to find answers to their questions with clarity of explanation, fabulous illustrations, and humor, together with an all-important sense of wonder."

—Perri Klass, MD, Professor of Journalism and Pediatrics, New York University

"A cleverly illustrated guide to everything from adoption to zygotes."

—*Child Magazine*

"It's a beauty; it's your privilege to use it. Enough said."

—*Boston Globe*



Celebrate the 20th anniversary of
It's Perfectly Normal

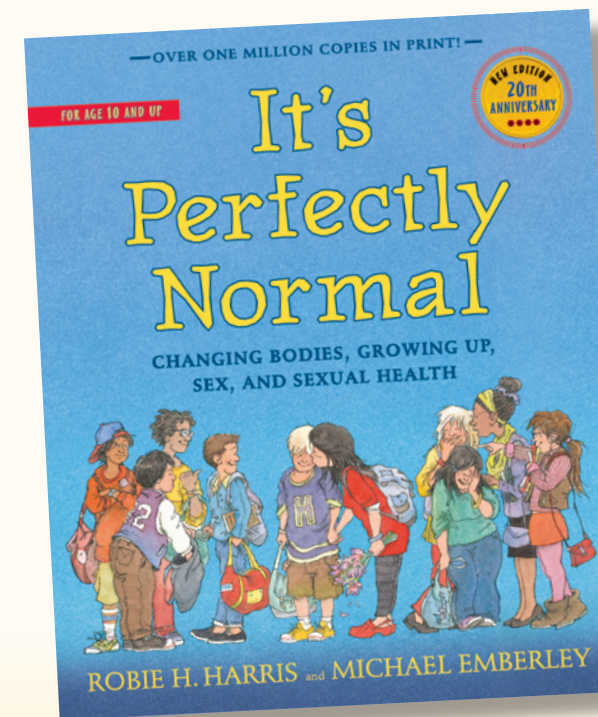
and the 15th anniversary of
It's So Amazing!



Every year, a new set of kids and teens come along who need honest, responsible, up-to-date, and accurate information about sexual health. That's exactly why we consulted yet again with experts to make sure our information would be current and correct in these newest editions. We then updated and/or added new information and illustrations—information today's kids and teens want and must have in order to make good decisions and to stay healthy.

—Robie H. Harris and Michael Emberley

Nearly
2 million copies
of the Family
Library in
print!



Illustrations © 1994, 1999, 2004, 2014 by Michael Emberley

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Robie H. Harris has written many award-winning books for children of all ages, including the definitive Family Library about sexual health: *It's Perfectly Normal*, *It's So Amazing!*, and *It's NOT the Stork!* She is also the author of the four books in the Let's Talk About You and Me series. She lives in New York City.

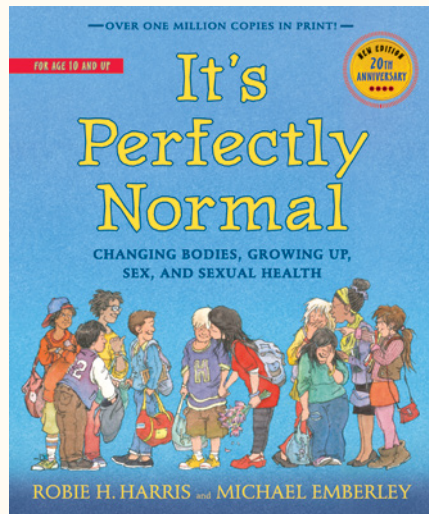
Michael Emberley is the illustrator of numerous books for children, including the Family Library and several other books written by Robie H. Harris. He lives in Ireland.

Age 10 and up
Grades 5 and up



It's Perfectly Normal

Celebrating 20 years in print



On sale September 9, 2014

HC: 978-0-7636-6871-6 • \$22.99 (\$26.00 CAN)
PB: 978-0-7636-6872-3 • \$12.99 (\$15.00 CAN)
E-book: 978-0-7636-6997-3

Millions of kids, preteens, and teens have turned to *It's Perfectly Normal: Changing Bodies, Growing Up, Sex, and Sexual Health* for honest, reliable, accurate, up-to-date, and accessible information to answer their questions and concerns about:

- * puberty * sex * sexual health * reproduction * birth control
- * pregnancy * birth * families * LGBT * the Internet
- * sexual abuse * STDs, including HIV/AIDS

The majority of the information in this book remains current. However, as new information has become available, it has been verified by experts in various fields and added to this anniversary edition. Information about topics that are already in the book and needed to be expanded upon has also been added. This is done to make sure kids, preteens, and teens have the most accurate information they need to stay healthy and safe as they go through puberty and adolescence.

Key changes and updates to note in the anniversary edition include:



- * New, updated, and expanded text
- * New, updated, and expanded art
- * New note to the reader
- * Additional comments by the Bird and Bee cartoon characters, who express the feelings, questions, reactions, and concerns today's kids, preteens, and teens have about sexuality
- * Expanded material on dealing with Internet information about sex and sexual health that may be inaccurate, dated, and lead to risky or unhealthy behaviors and/or outcomes
- * Expanded material about dealing with Internet information and images one may come across by accident or intentionally that may be upsetting and/or confusing, and the possible legal consequences of sending material about sex over the Internet
- * Expanded material about safe, responsible, and respectful use of social media, including "sexting" and the serious consequences that can ensue from cyber-bullying for both the victim and sender
- * Broader definition of the term *gender*, and the inclusion of transgender youth
- * New information on respecting other people's feelings and wishes, including the right to say no to any kind of touching, even if one person is older or stronger than the other
- * New or expanded information about alternative ways to begin a pregnancy, including surrogate pregnancy and the freezing of eggs
- * Inclusion of latest approved birth-control methods and a ranking of which are the safest and most effective
- * Updated information about emergency contraception
- * Updated information about further state restrictions of abortion
- * Expanded information about preventing sexual abuse
- * New and expanded information about prevention and treatment of sexually transmitted diseases such as chlamydia, HPV, and HIV
- * Inclusion of the HPV vaccine for boys and new treatment for hepatitis C

Illustrations © 1994, 1999, 2004, 2014 by Michael Emberley



It's So Amazing!

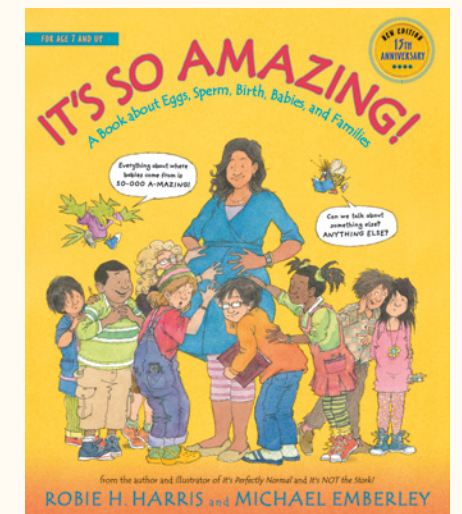
Celebrating 15 years in print

Ages 7–10
Grades 2–5

How does a baby begin? What makes a baby male or female? How is a baby born? Children have plenty of questions about reproduction and babies—and about sex and sexuality, too. *It's So Amazing! A Book about Eggs, Sperm, Birth, Babies, and Families* provides the answers—with fun, accurate, comic-book-style artwork and clear, lively text that reflects the interests of children ages seven through ten in how things work, while giving them a healthy understanding of their bodies.

Key changes and updates in the anniversary edition include:

- * New, updated, and expanded text
- * New, updated, and expanded art
- * New note to the reader
- * Expanded information about using the Internet
- * Updated definitions of the terms *straight*, *gay*, *heterosexual*, and *homosexual*



On sale September 9, 2014

HC: 978-0-7636-6873-0 • \$22.99 (\$26.00 CAN)
PB: 978-0-7636-6874-7 • \$12.99 (\$15.00 CAN)
E-book: 978-0-7636-6998-0

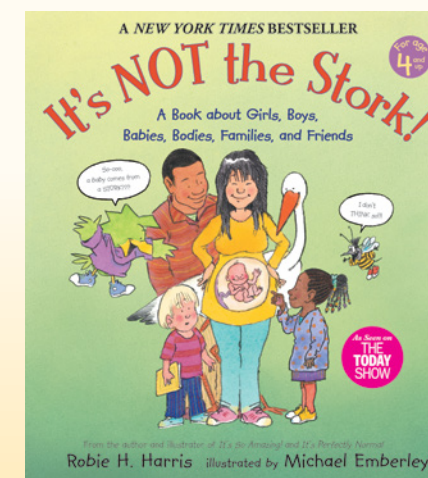


And don't forget the third book in the Family Library

It's NOT The Stork!



Ages 4–8
Preschool–
Grade 3



HC: 978-0-7636-0047-1 • \$16.99 (\$19.00 CAN)
PB: 978-0-7636-3331-8 • \$11.99 (\$13.00 CAN)

It's NOT the Stork! A Book About Girls, Boys, Babies, Bodies, Families, and Friends answers those endless and perfectly normal questions that preschool, kindergarten, and early-elementary-school children ask about how they began, as well as what's the same about girls' and boys' bodies and what's different.

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